

TRAINING SERIES OPENING DOORS TO INCLUSIVE PROGRAMS



AVAILABLE IN SNOHOMISH COUNTY
Each session is two hours in length and includes valuable information, interactive activities and opportunities for discussion.

1. Introduction to Inclusion

This interactive workshop provides an overview of the concept of inclusion. Participants learn about the history of disabilities (medical vs. empowerment model), the importance of using *People First* language and the benefits of building an inclusive community.

2. Respectful Accommodations

This workshop demonstrates the importance of providing effective supports and accommodations for people with disabilities. Participants learn about the Americans with Disabilities Act (ADA) and ways to create respectful accommodations through creative collaboration. Specific examples of respectful accommodations for people with various disabilities will be discussed.

3. Supporting Positive Behavior

This workshop teaches participants how to proactively and effectively develop and implement positive behavior intervention supports in order to create an environment of success for children who exhibit behavioral challenges. Several methods of positive behavior intervention supports will be discussed.

4. Partnering with Families

This workshop teaches participants how to develop partnerships with families and provide the best services possible to everyone involved. Participants will learn how to effectively communicate with parents, establish relationships for success and navigate challenges as they arise.

For more information contact:
425-388-7320 or ddinfo@snoco.org

INCLUSION RESOURCES

LOCAL RESOURCES

Arc of Snohomish County 425-258-2459
Provides support to self advocates and families in leadership roles to support inclusion. www.arcnso.org

Coalition for Inclusive Communities 425-388-7320
A group of community members interested in collaborating and promoting inclusion in Snohomish Co. ddinfo@snoco.org

Disability and Business Technical Assistance Center
Provides free phone consultation as well as onsite and webinar training regarding Americans with Disabilities Act (ADA) compliance. 800-949-4232 www.dbtacnorthwest.org

Jameson Hope Lending Library Check out inclusive books, videos and resource materials www.arcnso.org

Volunteers of America 425-259-2973 Ext 2487
Provides training and supports child care providers to create inclusive learning environments and communities.

Washington State Accessible Outdoor Guide
www.parks.wa.gov/ada-rec

Blue-Path <http://blue-path.com>
Provides information for people with mobility or sensory challenges about where to easily shop, dine or go for fun.

Washington State Parks Accessible Pass
Provides discounts on camping and moorage. www.parks.wa.gov/passes

The Eagle ID Card 360-658-6093
Designed for persons with disabilities to have greater access to local arts and entertainment within the community.

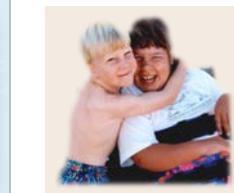
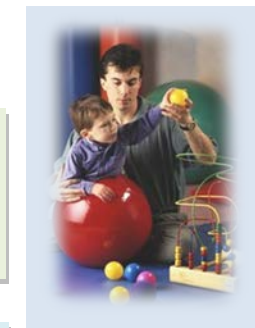
NATIONAL RESOURCES

National Inclusion Project www.inclusionproject.org

KIT National Training Center on Inclusion
Provides learning opportunities that support recreation, child development and youth enrichment programs to include children with and without disabilities. <http://www.kitonline.org>

The National Center on Accessibility
Promotes access and inclusion for people with disabilities in parks, recreation and tourism. <http://ncaonline.org>

Coalition for Inclusive Communities



Building Inclusive Communities
in Snohomish County

ABOUT US

The Coalition of Inclusive Communities is committed to building community inclusion on behalf of Snohomish County residents with disabilities.

The Coalition believes "disability is a natural part of the human experience" and communities are strengthened when a diverse range of individuals are valued and included.

Building communities of inclusion begins with a willingness to see people with disabilities as assets to the community who, with understanding and support, can achieve success the same as everyone else.

*Developmental Disabilities Assistance and Bill of Rights Act of 2000/Public Law 106-402 (10/30/2000).

CIC MEMBERS

Tamra Bradford

Snohomish County Developmental Disabilities

Jane Lewis

City of Everett Parks & Recreation

Ka'Ohe Wong

YMCA of Snohomish County

Cheryl Iverson

Volunteers of America

Natalia Bynum

Northwest Special Families

Jamie Coonts

The Arc of Snohomish County

Kelly Church

Leadership Arc of Snohomish County

Corinna Fale

Self Advocacy Arc of Snohomish County

Kinder Smoots

Eagle Card- Eagle Wings Ministries

THREE LEVELS OF INCLUSION

Inclusion of individuals with disabilities is a value of healthy communities and defined as having three levels.²

1. Physical Integration

Ensures that a person's right to access is recognized and assured (mandated by the Architectural Barrier's Act of 1968 and the American Disabilities Act). This level is a prerequisite to the following two levels of inclusion.

2. Functional Inclusion

Functional Inclusion refers to an individual's ability to function within a given environment. Facility staff members must have adequate knowledge and resources in order to appropriately adapt their activities for this level to occur. Once a community accomplishes the first and second levels of Inclusion they may then move forward to the third, Social Inclusion.

3. Social Inclusion

Social Inclusion is the highest level of inclusion; cannot be mandated and must be internally motivated. It is defined as "one's ability to gain social acceptance and/or participate in positive interactions with peers during recreation activities." (Schleien, et al. 1999, as cited in Nolan, 2005)

²Nolan, Catherine Veronica.

"Best Practices of Inclusion Services: The Value of Inclusion." Access Today, Winter 2005, Issue 19.

National Center on Accessibility. April 27, 2007.

<<http://www.ncaonline.org/monographs/19inclusion.shtml>>.

COMMUNITY PARTNERSHIPS

It is well documented that "empowering individuals with developmental disabilities to become valued and active members of their communities through involvement in community-based leisure settings" while facilitating meaningful relationships between people with and without disabilities, makes communities stronger.

The Coalition recognizes that most organizations and municipalities have mission statements and strategic plans that embrace principles that value people of different abilities and cultures.

STRATEGIES, DIRECTION & ACTIONS

Creating a community of inclusion requires a mobilization of its members to be inclusive to all and empower individuals to become valued, active members of their communities.

The Coalition of Inclusive Communities vision is to:

- Enhance and build on existing assets
- Empower people to become valued and active members in their communities
- Partner, collaborate and work with the community to promote inclusive opportunities and develop resources.
- Collaborate with local diversity councils, organizations and municipalities to promote inclusion.
- Serve as a training and educational resource to promote inclusion for individuals with disabilities.

We hope you will join us.

425-388-7320

ddinfo@snoco.org